

## STARTERS

(GF) **Buttermilk Fried Chicken**

(VG,GF) **Japanese Fried Cauliflower**

(V) **Panko Mozzarella Sticks**

(GF) **Belly Pork Bites**

**Choose a sauce to go with your starter:** Lemon & Herb Parm (V,GF) - Chipotle BBQ (V,GF) - Hot Buffalo (VG,GF) - Sweet & Sour (VG,GF)

## MAINS

### **Yakitori Chicken & Green Onion Skewer**

Asian slaw, sticky coconut rice & sweet soy sauce

### **Chicken Parmigiana**

vodka tomato linguine pasta, green chilli, crushed pistachios & Italian cheese

(GF) **Slow-Cooked Beef Cottage Pie**

Italian cheese & shallot crust, seasonal green vegetables and rich bone marrow gravy

(V) **Spinach, Ricotta & Chestnut Mushroom Quiche**

herb crumb, chermoula salad, smashed Greek lemon potatoes

(GF) **Sweet & Sour Crispy King Prawns**

sautéed baby corn, red onions, pak choi & broccoli, caramelised pineapple, lychees and sticky coconut rice

(GF) **Chargrilled Black Angus Rump Steak**

basted in beef juices served with roasted tomato and garlic glazed field mushroom. Served with either skin on fries or thick-cut chips - **choose pink or cooked through**

### **Ale Battered Fish & Chips**

mushy peas, curry ketchup, thick-cut chips

**VEGAN OPTIONS AVAILABLE FROM  
THE MAIN MENU**

## LITTLE PUDDS

(GF) **Chocolate Brownie Truffles**

raspberry gel dip

(GF) **Milk Chocolate Strawberry Pot**

Dorset sea salt & honey

### **Sticky Toffee Pudding**

vanilla ice cream & salted caramel

### **Ice Cream & Sorbet Selection**

#### **3 scoops**

**Ice cream flavours:** vanilla, chocolate, strawberry, honeycomb, mint choc chip

**Sorbet flavours:** lemon, mango, raspberry

#### **NUT ALLERGY NOTICE**

While our current ice cream and sorbet selection may not contain nuts, some sites may stock products that do.

Please speak to the team about any allergies before ordering.



## ALLERGENS

SCAN TO VIEW ALLERGEN & NUTRITION INFORMATION

#### **FOOD ALLERGY NOTICE**

Our kitchens handle a wide range of allergens, so we can't guarantee any of our food is completely allergen-free, including ingredients like tree nuts. Not all dish ingredients are listed on the menu, and recipes may change from time to time. If you have an allergy or dietary requirement, please speak to a member of the team before placing your order.

#### **PAROGON GROUP IS A CERTIFIED BCORP BUSINESS**

An optional 7.5% service charge will be added to your bill. This is split equally between all team members.

If you would like it removing please speak to your server.





*Fridays are made for letting go,  
turning it up, and stepping straight  
into the weekend. It's that feeling  
when the work's done, the mood  
shifts, and the night is yours.*

*We're all about big energy, great  
food, flowing drinks, and those  
moments that turn into stories by  
Monday. From first sip to last bite,  
everything's served with flavour,  
fun, and just the right amount of  
indulgence.*

*However you do  
Fridays—catch-ups, celebrations,  
or just because—you'll find a  
buzzing atmosphere, a warm  
welcome, and the perfect place to  
kickstart your weekend in style.*

*Cheers!*  
*The Seven Stars*  
*Team*